



Sales & Marketing office  
Unit 1-1, The Pinnacle, Lower Signal Hill Road,  
88400 Kota Kinabalu, Sabah, Malaysia  
T: +60 88 380 390 W: [www.echoresorts.com](http://www.echoresorts.com)

## **WELLNESS PURSUIT (min. 4 nights stay)**

Echo Resorts in collaboration with Gayana Wellness approaches health and wellness by treating each individual as a whole, and each disease as a symptomatic manifestation of a deeper underlying root cause. This means that you are not merely 'unwell'. Your body is simply showing you what it isn't happy about and what needs to be brought back into balance.

We believe that the elimination of environmental toxins, heavy metals and free radicals is essential. A person's hormonal and metabolic balance, gut and liver function, and general adrenal health needs to be synchronised for better health and overall wellbeing.

Our Wellness Pursuits have been carefully curated with four independent but interrelated steps into your journey towards a healthier tomorrow including diagnosis, detox, repair and rejuvenation. Here's to a better version of yourself.

### ***(1) Journey to Health***

Discover your journey back to health and wellness through a simple non-invasive test with a few strands of your hair! Mineral level in the hair are about 10 times that of blood, making it easier for more accurate analysis. Get back on track with results that could help with changes to your diet, nutrition and lifestyle!

*Package includes:*

- (i) A 28-pages Personalised Nutritional Analysis Report
- (ii) Personalised Supplements - A month's supply of oral supplements tailored based on your report
- (iii) Nutritional IV Booster - An IV drip therapy of essential minerals and nutrients to keep your body hydrated and revitalised!

### ***(2) Rejuvenate & Revitalize***

Dark circles? Puffiness under your eyes? Wrinkles? Uneven skin tones? Give your face the care it needs!

*Package includes:*

- (i) *Visioface Skin Analysis* - A full-face photographic image that analyses your facial spots, pores, fine lines and wrinkles, skin tone colour differences and UV-like photo for sun damage assessments
- (ii) *Platelet Rich Plasma (PRP) Facial* - A facial using the plasma from your own blood that contains growth factors to promote healthy activity of your skin cells, leaving your skin rejuvenated and feeling refreshed!

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For Further enquiries or to make reservations please contact us.

## **ECHO RESORTS**

SALES & RESERVATIONS, UNIT 1-1, THE PINNACLE, LOWER SIGNAL HILL ROAD, 88400 KOTA KINABALU, SABAH, MALAYSIA  
T: +60 88 380 390 E: [rsvn.gayana@echoresorts.com](mailto:rsvn.gayana@echoresorts.com), [rsvn.bungaraya@echoresorts.com](mailto:rsvn.bungaraya@echoresorts.com)



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### **(3) Detox Booster**

Combining a fusion of essential minerals and vitamins to boost your body's immune system and reduce toxin load to help the body function at optimum level.

*Package includes:*

- (i) Intensive Nutritional IV Booster (2 Sessions)
- (ii) An IV drip therapy of essential minerals and nutrients to keep your body hydrated and revitalised!
- (iii) Personalised Supplements - A month's supply of oral supplements tailored based on your report

### **Room rates inclusion for 1 person:**

- 4-nights stay at villa of your choice
- Daily breakfast
- A choice of 1 treatment: (Hair Profiler Scan), (Rejuvenate & Revitalise) or (Detox Booster)

\* treatment is for maximum of 2 pax in 2-Bedrooms Villa.

### **Add-Ons**

- Hand crafted half/full board meals are available at RM 120nett for lunch and RM 180nett for dinner, please speak to our reservations team
- Additional pax sharing same room is available at RM 1,000nett, inclusive choice of 1 treatment: (Hair Profiler Scan), (Rejuvenate & Revitalise) or (Detox Booster)

### **TERMS & CONDITIONS FOR OFFER**

- Above offer is non-combinable with other promotions and offers
- Offer is valid for stay from 1<sup>st</sup> January 2019 – 31<sup>st</sup> March 2020 (blackout for offer 24<sup>th</sup> January 2020 31<sup>th</sup> January 2020).
- Offer only applicable for NEW bookings
- Kindly state promo name in written form while making reservation. Offer not applicable unless otherwise stated during booking.
- The management reserves the right to discontinue this offer at any time without prior notice

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